

HASTINGS **MUTUAL AID** GROUP



NEED HELP SELF-ISOLATING?

If you can't get out because of the Coronavirus crisis community volunteers can help.

Visit the **Hastings Heart** website to ask for help with shopping, collecting medications, posting mail, dog walking or other errands and support.

If you need emergency help in the next 48 hours for a food package or prescription, call **Hastings Borough Council's** helpline on:

www.hastingsheart.com

01424 451019

HASTINGS 
**HASTINGS EMERGENCY
ACTION RESPONSE TEAM**

 **HVA**
Hastings Voluntary Action

 **Hastings**
Borough Council

 **Hastings
foodbank**


**HEART OF
HASTINGS**
COMMUNITY LAND TRUST



 **East Sussex
County Council**